

Hadley Park Regional Community Center

1037 28th Ave. North Nashville, TN 37208 - 615-862-8451

<div>Fitness Classes</div> <div>Aquatics</div> <div>(\$)<div>– Paid Class</div></div>	Monday Hours: 6:00am-8:30pm	Tuesday Hours: 6:00am-8:30pm	Wednesday Hours: 6:00am-8:30pm	Thursday Hours: 6:00am-8:30pm	Friday Hours: 6:00am-7:30pm	Saturday Hours: 8:00am-12:00pm
<div>2017 Program Schedule 862-8445</div> <div>Facility Coordinators</div> <div>Channoty Robinson Mario Hatchett</div> <div>Recreation Leaders,</div> <div>Frank Deas Charles Pruitt Ronald Taylor Myron Goggins Morgan Perkins Leslie Patterson Jermell McIntosh Terrance Quattlebaum</div> <div>Rec Attendants,</div> <div>Rodney Williams Janee’ Brooks</div> <div>Lifeguards (*)</div> <div>Dereck Smith* Sabrina Williams* Nancy Harrison*</div> <div>Class Instructors</div> <div>Hadley Staff Ken Turner Allison May Andrea Howat</div>	<div>6:30-8:00am *Open Swim</div> <div>8:30-9:15am *Lap Swim & Water Walking</div> <div>9:30-10:30am Water Exercise</div> <div>11:00-11:45am *Open Swim</div> <div>12:00-12:30pm Lap Swim</div> <div>3:00-6:00pm After-School Zone</div> <div>5:00-6:15pm Learn to Swim (\$) Beginner Level 1 & 2</div> <div>6:00-7:00pm *Line Dancing</div> <div>6:30-7:30pm H2O Explosion(\$) w/Dereck</div>	<div>6:30-7:30am Water Boot Camp w/Ken (\$)</div> <div>9:00-10:30am Learn to swim (Adults & Seniors)</div> <div>10:00-11:00am *Line Dance</div> <div>11:00-11:45am *Open Swim</div> <div>12:00-12:30pm *Lap Swim</div> <div>3:00-6:00pm After-School Zone</div> <div>5:30-6:15pm *Lap Swim</div> <div>6:30-7:30pm Aqua Abs & Arms (\$) w/Allison</div> <div>7:00-8:00pm Dancing with Dre (\$)</div>	<div>6:30-8:00am *Open Swim</div> <div>8:30-9:15am *Lap Swim & Water Walking</div> <div>9:30-10:30am *Water Exercise</div> <div>11:00-11:45am *Open Swim</div> <div>12:00-12:30pm *Lap Swim</div> <div>3:00-6:00pm After-School Zone</div> <div>5:00-6:15pm Learn to Swim (\$) Beginner Level 1 & 2</div> <div>6:00-7:00pm *Line Dance</div>	<div>9:30-10:00am Learn to Swim (Adults & Seniors) (Bi Monthly) Registration Required</div> <div>10:00-11:00am Line Dance</div> <div>11:00-11:45pm Open Swim</div> <div>12:00-12:30pm *Lap Swim</div> <div>3:00-6:00pm After-School Zone</div> <div>5:30pm-6:15pm *Lap Swim</div> <div>6:30pm-7:30pm Aqua Abs & Arms (\$) w/Dereck</div>	<div>8:30-9:15am *Lap Swim & Water Walk*</div> <div>9:30-10:30am *Water Exercise</div> <div>11:00-11:45am *Open Swim</div> <div>12:00-12:30am *Lap Swim</div> <div>3:00-6:00pm After-School Zone</div> <div>6:30-7:00pm Baby & Me (\$) (30min)</div> <div>5:30-6:10pm Preschool (\$) (45 min)</div> <div>Learn to Swim \$25 for 4 lessons</div> <div><div><div><div></div></div><div></div></div><div><div>Like</div></div></div> <div>@</div> <div>“Hadley Park Community Center”</div>	<div>8:30-9:00am Kids Learn to Swim \$25 for 4 lessons</div> <div>9:30-10:30am Water Exercise (\$) w/Ken</div> <div>10:30am-11:30am *Family Swim</div> <div>Children under age 3 must wear a swim diaper. Children fewer than 4 feet tall must be with an adult in the water. Family Swim is for families and children. Children must be accompanied by an adult.</div> <div><div><div><div></div></div><div></div></div><div>METRO PARKS NASHVILLE</div></div>

